



Grand Master D.Y. Pai's Tae Kwon Do

October 2021

Lesson of the Month: *Decision-Making*

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
9/26 — Championship Prep — — Forms & Sparring —	9/27	9/28	9/29	9/30	1 5:00 PM—BBC/MC Class 5:40 PM—BB Prep Class #5	2 11 AM—Leadership Team Photo Session
3 — Championship Prep — — Forms & Sparring —	4	5	6	7	8 5:00 PM—Make-Up Test 6:30 PM—STORM & Jr. Leader Class 7:00 PM—SWAT Class	9 NO CLASSES!
10 — Championship Prep — — Forms & Board Breaking —	11 Columbus Day TKD Camp!	12	13 Championship Registration Deadline!	14 Championship Wristbands & Boards Pick- Up Day!	15 !!! NO BBC/MC CLASS !!! 5:00 PM—BB Prep Phase II Exam 6:30 PM—Championship Set-Up & Judges' Meeting @ SHS	16 ★ Pai's Fall Championship @ Schenectady High School! ★
17 — Nunchuck Week —	18	19	20	21	22 5:00 PM—BB Power Class 6:30 PM—Demo Practice	23 NO CLASSES!
24 — Jump Rope Week —	25	26	27	28 No Classes! 5:00 PM— Halloween Party @ Alb!	29 No Classes! 5:00 PM—Halloween Party @ Rensselaer!	30 NO CLASSES!

UPCOMING EVENTS:

11/5—BB Prep Class #7
(TBD) 11/11—Veterans Day TKD Camp

11/19—BB Prep Class #8
11/24-11/28—Thanksgiving Break

Week of 12/6—Promotion Exams
12/11—Black Belt Spectacular

CHAMPIONSHIP BOOTCAMP

Columbus Day | October 11
Let's get Championship ready!
Join us for some specialized
attention for your TKD skills while
having a BLAST with friends!
Sign Up Today! Space Is Limited!

PAI'S FALL CHAMPIONSHIP

October 16 | Schenectady High School

FORMS ! BREAKING ! SPARRING

You have what it takes to be a

CHAMPION!

Join us on our quest to be the
BEST! Sign Up Today!

Championship Registration Deadline is 10/13!

HALLOWEEN TRUNK-OR-TREAT

October 28 | 5 PM @ Albany
October 29 | 5 PM @ Rensselaer

Get your **COSTUME** ready and
join us for some **SCARY** fun
and a **SPECIAL** demonstration!