



Grand Master D.Y. Pai's Tae Kwon Do

November 2021

Lesson of the Month: *Gratitude*

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|--|-----------------------|------|---|--|--|---|
| 10/31 — Hapkido Week — | 1 | 2 | 3 | 4 | 5 5:00 PM—BBC/MC Class 5:40 PM—BB Prep Class #7 | 6 NO CLASSES! |
| 7 — Jump Kick Week — | 8 | 9 | 10 | 11 Veterans Day Camp! Evening Classes still in session! | 12 5:00 PM—BB Power Class 6:30 PM—STORM/Jr. Leader Class 7:15 PM—SWAT Class | 13 10 AM—BB Prep Run Test @ Corning Preserve *Meet at Boat Launch* |
| 14 — Forms Week — | 15 | 16 | 17 | 18 | 19 5:00 PM—BBC/MC Class 5:40 PM—BB Prep Class #8 | 20 NO CLASSES! |
| 21 — Test Prep Week — — Stripe Handout — | 22 | 23 | 24  | 25 | 26 ★ Black Friday Special ★ ★ Membership Sale! ★ | 27  |
| 28 — Test Prep Week — — Stripe Handout — | 29 Classes Resume! | 30 | 12/1 | 12/2 | 12/3 5:00 PM—BBC/MC Class 5:40 PM—BB Prep Phase III Exam | 12/4 No Classes! Holiday Kick-A-Thon! |

UPCOMING EVENTS:

12/3—BB Prep Phase III Exam
12/4—Holiday Kick-A-Thon

12/10—BB Prep Class #10
12/11—Black Belt Spectacular

Week of 12/13—Promotion Exams
12/24-1/2—Winter Holiday Break

Holiday Kick-A-Thon Saturday, December 4

We are raising funds to make and provide Holiday meal packages for those in need in our community.

Let's join together to make a difference during the Holiday season!

More info to come!

IMPORTANT REMINDERS:

- * Wear mask correctly while inside.
 - * Stay home if not feeling well or know you have been exposed to COVID.
 - * Continue to sanitize & keep hands away from eyes, nose, mouth!
 - * Let's continue to fight this pandemic together!
- Be healthy & be safe!**

Black Friday Special Membership Sale!

While we are unable to hold a regular Black Friday sale due to a supply shortage, we will be offering a special MEMBERSHIP sale!

Watch out for more info to come!