



Grand Master D.Y. Pai's Tae Kwon Do

May 2022

Lesson of the Month: *Teamwork*

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 — Hapkido Week —	2	3	4	5	6 5:00 PM—1st Dan Candidate BB Prep Class #7 6:30 PM—2nd Dan & Up BB Prep Class #7	7 5:30 PM—8:00 PM Mother's Day Game Night @ Rensselaer Location
8 — Nunchuck Week — Happy Mother's Day!	9	10	11	12	13 5:30 PM—Mighty Mite & White Belt Promotion Exam @ Rensselaer	14 10 AM—BB Prep Run Test @ Albany Corning Preserve
15 — Jump Rope Week —	16	17	18	19	20 5:00 PM—1st Dan Candidate BB Prep Class #8 6:30 PM—2nd Dan & Up BB Prep Class #8	21 10 AM—Instructor Training Course @ Rensselaer
22 — Test Prep Week —	23 T-Shirt Season Begins!	24	25	26	27 No Classes 5/27—5/30! Memorial Day Weekend!	28 No Classes 5/27—5/30! Memorial Day Weekend!
29	30 No Classes! Memorial Day Parade—Info to Come!	31 — Test Prep Week — Classes Resume!	6/1	6/2	6/3 5:00 PM—1st Dan Candidate BB Prep Phase III Exam 6:30 PM—2nd Dan & Up BB Prep Phase III Exam	6/4 No Classes!

UPCOMING EVENTS:

6/3 BB Prep Phase III Exam
6/11 Black Belt Spectacular!
6/17 Father's Day Game Night!

6/18 (TBD) Black Belt Retreat
7/1—7/4 No Classes! 4th of July!
7/5 Pai's Summer Camp Starts!

7/15 BB Prep Class #1
7/23 Pai's Cobra Cup!
7/25—7/31 Pai's Summer Recess!

Have a TKD Birthday Party!

Looking for an AWESOME way to
celebrate your special day?
Spend it with us at Pai's Taekwondo!

Get Ready for Summer Camp

at TKD starting the week of July 5th!
Be ready for TKD, Games, and a whole
lot of FUN!

Let's Rally for Ms. Grebert!

A family that kicks together,
STICKS TOGETHER!
Donations through GoFundMe!

★ **Proud Sponsors of Pai's Taekwondo!** ★

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