



# Grand Master D.Y. Pai's Tae Kwon Do

## January 2021

### Lesson of the Month: Goals

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
3  <b>— Forms Week —</b> Welcome Back!	4	5	6	7	8 5:00 PM—BB Mini Power Class Session 1 6:20 PM—BB Mini Power Class Session 2	9  <b>No Classes!</b>
10  <b>— Jump Rope Week—</b>	11	12	13	14	15 5:00 PM—Test Make-Up Exam 5:40 PM—BB Prep Class #1 @ Each Location 7:00 PM—Demo Team Class	16  <b>No Classes!</b>
17  <b>— Jump Kick Week —</b> MLK Jr. Day! Classes In Session!	18	19	20	21	22 5:00 PM—BB Mini Power Class Session 1 6:20 PM—BB Mini Power Class Session 2	23 10 AM—Zoom Special Class
24  <b>— Board Breaking Week —</b>	25	26	27	28	29 5:00 PM—Special BBC/MC Class 7:00 PM—Leadership Team Class	30  <b>No Classes!</b>

## Happy New Year!

It's the Year of the Ox!

The Ox is a symbol of diligence, persistence, and honesty. Let us apply these values as we move forward in this new year.

Wishing everyone a year of many joys and more fortune!

From the Pai's Family & Staff!

## |Upcoming Events|

2/5—BB Prep Class #2

2/13—Valentine's Day Party @ Each Location

2/19—BB Prep Class #3

Week of 3/8—Rank Promotion Exams

April TBD—Pai's Virtual Championship

## COVID-19 Procedure

1. Book your class ahead of time on SPARK.
2. Temperature check when you arrive.
3. Hand washing and masks!

We are continuing with our cleaning protocol between each class and at the end of the day.

Thank you to everyone for your continued support in this difficult time!

## SPARK MEMBER APP

**Make sure to download SPARK MEMBER APP!**

Book your classes, look up your TKD curriculum, check your class attendance, get the latest updates, and MORE!

## **Weather Cancellation Alerts!**

Announcements of class cancellations will be available on FACEBOOK, on SPARK, by EMAIL, & on your local NEWS CHANNEL.